

Need Dental Care?

Visit smilehelpnow.com.



Taking care of your mouth is just as important as taking care of your body. That's why it's important to establish a dental home—a place where you develop an ongoing relationship with a dentist. Your dental home can help you create good oral health habits for you and your family, resolve any dental issues you may have and give you a place to go in case of a dental emergency.

Flip over to learn more!



You can access dental care even if you are underinsured, uninsured or have Medicaid.

At smilehelpnow.com, you can find a dentist near you who:

- Accepts Medicaid.
- Charges on a sliding-fee scale based on your income.
- Provides no- or low-cost care options.

How else can I keep my mouth healthy?

Even if you see a dentist every six months, taking care of your teeth every day is important:

- Brush your teeth twice a day.
- Floss once a day (best at night).
- Make sure every member of your family has their own toothbrush.



For more information about the Delta Dental Foundation, visit www.deltadental.foundation

